

FOOD FORESTS FOR THE FUTURE

Session: B, Breakout Room #10

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Food forests bring biodiversity to a food production system that has destroyed ecosystems for far too long. Green spaces can also be created in cities and neighborhoods that may not have access to any natural areas. The intention of this study was to dive into food forests and really understand what the benefits of food forests are. I worked on SkyRoot farm to further my knowledge on organic farming and permaculture practices. Outside of my work on the farm I completed independent research on the benefits of food forests. What I found was food forests are excellent at bringing biodiversity to spaces where diversity can be hard to find. There are also excellent opportunities to bring green spaces into areas where they are needed most. Food forests can be used to bring biodiversity into areas where it is needed most.